

Mechanotherapeutics for the Treatment of Idiopathic Pulmonary Fibrosis

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ABSTRACT

Idiopathic pulmonary fibrosis (IPF) is an age-related progressive lung disease characterized by excessive deposition of extracellular matrix (ECM) produced by activated myofibroblasts. Traditionally, myofibroblast activation has been thought to be exclusively driven by soluble biochemical stimuli, such as pro-fibrotic growth factors and cytokines. However, the mechanical properties of the fibrotic ECM including matrix stiffness have recently gained more attention given its ability to drive myofibroblast activation independently from soluble mediators. The study of fibroblast mechanobiology is an active area of research in IPF and focuses on understanding how matrix stiffness is sensed and translated into biochemical signaling via the so-called mechanotransduction pathways, which ultimately regulate profibrotic gene expression, ECM synthesis and myofibroblast survival. Here, we summarize the molecular mechanisms promoting mechano-activation of myofibroblasts in lung fibrosis and the potential of treating IPF with “mechanotherapeutics”, a novel class of anti-fibrotic therapeutic agents. (BRN Rev. 2021;7(2):96-108)

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Key words: Apoptosis. Idiopathic pulmonary fibrosis. Matrix stiffness. Mechanotherapeutics. Myofibroblasts.

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Received in original form: 17-12-2020

Accepted in final form: 17-05-2021

DOI: 10.23866/BRNRev.2020-0012

www.brnreviews.com

INTRODUCTION

Lung fibrosis is defined as scarring in the lungs. It is generally induced by repeated or chronic injury to the alveolar epithelial cells, which leads to activation of inflammatory responses and subsequent fibrotic tissue repair¹. Upon lung injury, pulmonary fibroblasts get activated and become extracellular matrix (ECM)-secreting myofibroblasts, which are responsible for restoring the normal tissue structure by secreting, contracting and remodeling of the ECM². During the resolution of the normal tissue repair program, myofibroblasts are cleared out by immune cells after their mission is completed^{3,4}. However, they persist in the context of lung fibrosis, maintaining their activated state and promoting progressive scarring of the lungs⁵. Thus, myofibroblast persistence is a hallmark of lung fibrosis and their numbers have been shown to correlate with disease stage and progression in idiopathic pulmonary fibrosis (IPF)⁶, the most common and aggressive type of pulmonary fibrotic diseases. The continuous presence of activated myofibroblasts leads to ECM built up, which is also crosslinked and stiffened by matrix crosslinking enzymes. We and others have shown that ECM stiffness is dramatically increased during the development and progression of lung fibrosis⁷. Such alteration in the ECM mechanical properties is now recognized as a major driver of lung fibrogenesis by promoting mechano-activation of fibroblasts^{8,9}. In this Review, we will discuss the mechanobiology of lung fibrosis and summarize novel anti-fibrotic strategies for the treatment of lung fibrosis with the so-called mechanotherapeutics.

IPF

IPF is a progressive, irreversible, and typically lethal lung fibrotic disease without any known cause. It is thought to be initiated by alveolar epithelium injury caused by a complex interplay of genetic factors and environmental insults, followed by inflammation, activation of myofibroblasts and excessive ECM deposition within the lung parenchyma¹⁰. The damaged lung tissue becomes stiff and thick, ultimately limiting the amount of oxygen that gets into the blood. IPF is associated with high mortality, with a reported median survival of two-three years post-diagnosis, and the incidence of the disease is rising rapidly worldwide¹⁰, with doubling of prevalence between 2000 and 2012¹¹.

Currently, there is no cure for IPF. In 2014, two novel medicines, pirfenidone and nintedanib, were approved for the treatment of IPF. These drugs modestly slow down the progression of IPF but do not halt or reverse it^{12,13}. In addition, neither of the two medicines elevate patients' perceived quality of life, and both agents confer substantial side effects (nausea and rash with pirfenidone; diarrhea and abnormal liver function with nintedanib)¹⁴. Therefore, novel therapeutics are highly needed for the treatment of lung fibrosis in patients with IPF.

MECHANOBIOLOGY OF LUNG FIBROSIS

Over the last 20 years, the vast majority of therapeutic strategies aimed at treating lung fibrosis is focused on targeting biochemical factors including pro-fibrotic growth factors

and cytokines^{15,16}. More recently, biophysical factors such as mechanical forces and matrix stiffness have gained increasing recognition as critical regulators of lung fibrosis development and progression^{17,18}. The mechanobiology of lung fibrosis is gaining increasing attention not only because it is revealing novel disease mechanisms but also by providing new therapeutic targets for the treatment of lung fibrosis. One of the hallmarks of lung fibrosis is the dramatic increase in matrix rigidity or stiffness, which is largely regulated by activated myofibroblasts^{9,19-21}. Stiffness is defined as the resistance to deformation in response to applied force. It is typically measured by Young's elastic modulus (E), which is expressed as the tensile stress (force per unit area) divided by the strain (deformation). The unit is Pascals (Pa, N/m²). In normal lung tissue, the tissue stiffness is usually maintained between 0.5 to 2 kPa. This is critical during tissue homeostasis since the ECM composition and rigidity provide a matrix scaffold that regulates normal physiological processes such as cell adhesion, proliferation and migration^{22,23}. Fibroblasts constantly secrete, degrade and remodel the ECM in order to maintain the integrity of the matrix, both biochemically and biophysically²⁴. They conduct mechanical measurements, a process known as mechanosensation, by actively pulling on their environment and evaluating whether mechanical homeostasis has been disrupted through specific positive and negative feedback mechanisms⁸. For instance, evidence has shown that ECM degradation leads to increased ECM synthesis and deposition by fibroblasts. On the other hand, matrix stiffness modulates expression of collagen-degrading enzymes such as MMP-1 in fibroblasts^{21,25,26}. Besides ECM composition, fibroblasts further adjust matrix stiffness by secreting matrix crosslinking enzymes

including lysyl oxidases (LOXs) and transglutaminases (TGs)²⁷. Together, fibroblasts maintain the ECM stiffness within a normal range, which is necessary for normal physiological processes. However, such homeostatic feedback mechanism between fibroblasts and ECM is disrupted upon lung injury. In this context, fibroblasts are activated to myofibroblasts, a cellular phenotype characterized by increased ECM synthesis and contractility^{28,29}. In the early stages following injury, myofibroblasts actively secrete ECM proteins to provide a tissue scaffold for normal repair events such as epithelial cell migration³⁰. In later stages of tissue repair, myofibroblasts facilitate wound closure and re-epithelialization with their enhanced contractile abilities, which is conferred by up-regulation of α -smooth muscle actin (SMA)^{31,32}. Of note, matrix stiffness is a major driver of SMA expression during fibroblast-to-myofibroblast transdifferentiation during wound healing^{7,17,18}. The increased ECM stiffness not only promotes fibroblast mechano-activation but also their survival. In this regard, decreased matrix stiffness during the resolution of the normal tissue repair program has been shown to induce myofibroblast apoptosis⁵. However, this mechanical checkpoint goes awry in fibrotic disorders, creating a vicious positive feedback loop between ECM stiffness and myofibroblasts that results in myofibroblast persistence, pathological ECM deposition and fibrosis³³. In this amplification loop, myofibroblasts extensively secrete type I collagen and covalently cross-link the ECM via LOX and TG2, resulting in collagen fibers that are more resistant to degradation. This stabilized ECM leads to a dramatic increase in matrix stiffness, which can be up to 40 kPa at the late stage of lung fibrosis^{21,34,35}. Moreover, matrix stiffness can also activate surrounding quiescent fibroblasts through

mechano-transduction pathways, amplifying fibrotic responses. In summary, this mechanical positive feedback loop is a crucial driving force during the development and progression of lung fibrosis. In this Review, we describe the biological and molecular mechanisms behind this pathological mechanism in IPF and discuss novel therapeutic strategies to break this vicious positive feedback loop, which have been shown to ameliorate lung fibrosis in preclinical models.

MECHANOTHERAPEUTICS FOR THE TREATMENT OF LUNG FIBROSIS

Targeting matrix crosslinking enzymes

Two major families of matrix crosslinking enzymes, LOX and TG, have been shown to be upregulated in patients with IPF^{36,37}. Members of the LOX family comprise LOX, and LOX-like LOXL1, LOXL2, LOXL3 and LOXL4. The central function of LOX enzymes is to catalyze the covalent crosslinking of collagen and other ECM proteins by oxidizing peptidyl lysine to form peptidyl α -amino adipic- δ -semialdehyde. These aldehyde residues can spontaneously condense with neighboring peptidyl lysines or peptidyl aldehyde, leading to the formation of insoluble aggregates found in fibrillar collagen, thus stabilizing the ECM (Fig. 1). It has also been shown that the crosslinking of ECM enhances fibroblast proliferation and inhibits matrix degradation in lung fibrosis³⁸. LOX family members are upregulated in fibrotic diseases, especially LOX/LOXL1/LOXL2^{39,40}. Pan-inhibition of LOX enzymes with the non-specific inhibitor (BAPN) treats lung fibrosis in

mice⁴¹. LOXL1 knockout mice are similarly protected from lung fibrosis in preclinical models⁴². Simtuzumab, a humanized monoclonal antibody against LOXL2, has been shown to treat lung fibrosis in mice and was recently tested in phase 2 trials to treat lung fibrosis in patients with definite IPF⁴³. Unfortunately, simtuzumab did not improve progression-free survival in patients with IPF, and Gilead Sciences terminated its phase 2 clinical study due to lack of efficacy⁴⁴. The failure of this trial is attributed to lack of tissue penetration by simtuzumab in human IPF lungs. Novel small molecules targeting LOXL2 are currently under investigation^{45,46}. Among them, two selective small molecule LOXL2 inhibitors: PXS-5382A and PXS-5338K, developed by Pharmaxis, have been recently announced ready for phase 2 trials in patients with IPF and NASH (ACTRN12617001444370 and ACTRN12617001564347). Another pan-LOX Inhibitor (PXS-5505A) by the same pharmaceutical company is ready to enter phase 2 studies in patients with myelofibrosis (ACTRN12619000332123). TG2, also known as tissue transglutaminase, has been also shown to be highly upregulated during lung fibrosis^{37,47}. In humans, TG2 expression and activity have been shown increased in lung tissue from patients with IPF compared with normal control individuals^{47,48}. TG2 knockout mice are protected from lung fibrosis in mice and pharmacological TG2 inhibition similarly treats preclinical lung fibrosis^{37,47}. Pharmacological inhibition of TG2 has been shown to treat bleomycin-induced pulmonary fibrosis in mice through inhibiting EMT⁴⁹. Zedira recently announced that their ZED1227, a first-in-class tissue transglutaminase inhibitor, has shown good safety and tolerability and is undergoing phase 2a, double-blind trials for Celiac disease (2017-002241-30); and

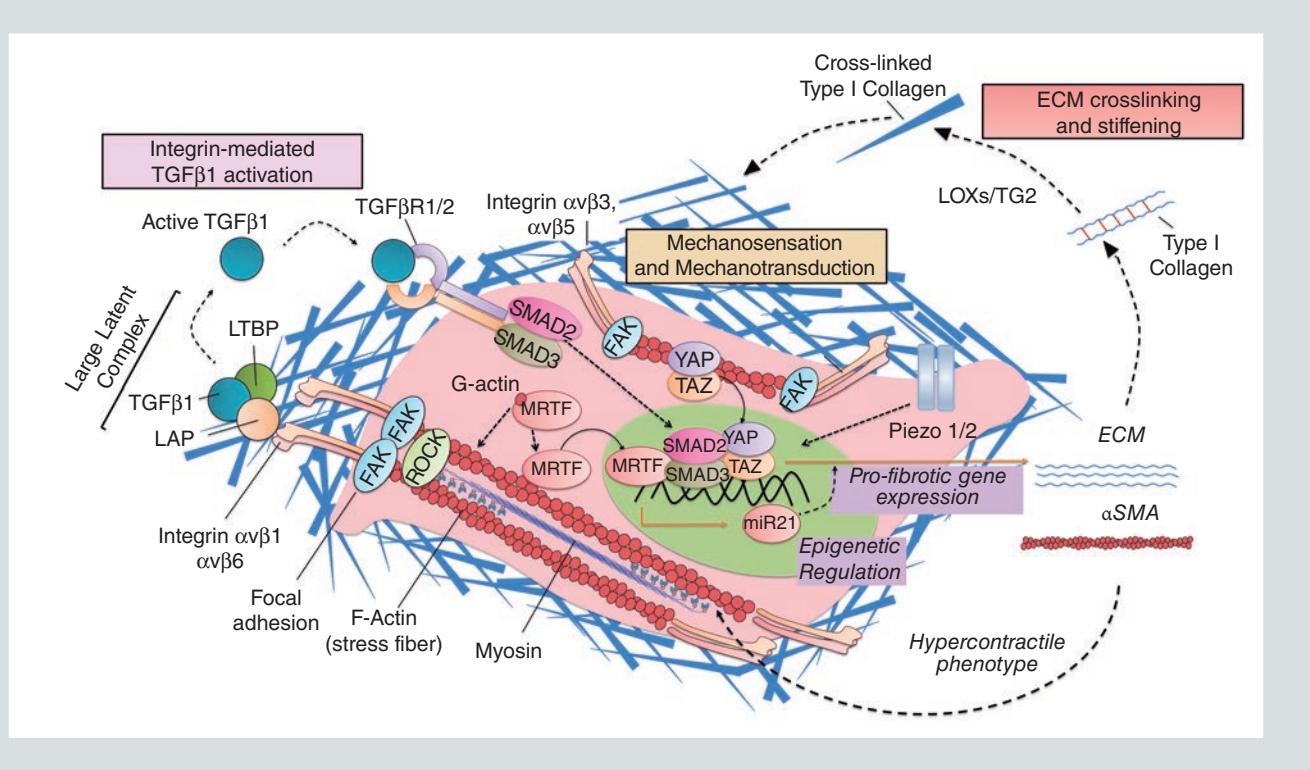


FIGURE 1. Mechanoactivation of fibroblasts by matrix stiffness. Matrix stiffness is increased dramatically during the development of lung fibrosis. Fibroblasts sense changes in matrix stiffness through mechanosensors on the cell membrane including integrins and mechanosensitive ion channels such as Piezo channels. Integrin-mediated mechanotransduction is a primary mechanism by which cells translate mechanical signals into biochemical signaling pathways. Mechanotransduction pathways activate downstream signaling including FAK, ROCK, MRTF-A/B, and YAP/TAZ, which drives the expression of profibrotic genes such as Type I collagen and α SMA. Type I collagen can be further stabilized by two major matrix crosslinking enzymes including lysyl oxidases (LOX) and transglutaminases (TG2), further increasing matrix stiffness. Once activated, myofibroblasts exert higher traction forces that promote mechano-activation of the potent profibrotic cytokine TGF- β 1 through integrins $\alpha v\beta 6$ and $\alpha v\beta 1$, amplifying the fibrotic response via TGF- β receptor signaling. Together, mechanical forces generate a progressive positive feed-forward loop in which enhanced matrix deposition and tissue stiffening lead to fibroblast mechano-activation, which further secretes excessive ECM and promotes matrix stiffening (adapted from Tschumperlin DJ et al.⁷ with permission from Elsevier, © 2020 Elsevier Inc. All rights reserved).

ECM: extracellular matrix; FAK: focal adhesion kinase; IPF: idiopathic pulmonary fibrosis; LAP: latency-associated peptide; LOX: lysyl oxidase; LTPB: latent TGF- β 1 binding proteins; miR: microRNA; MRTF: myocardin-related transcription factor; ROCK: rho-associated protein kinase; TAZ: transcriptional coactivator with PDZ-binding motif; TGF- β 1: transforming growth factor β 1; YAP: yes-associated protein.

they plan to target organ fibrosis including lung, liver, and kidney fibrosis.

Targeting fibroblast mechano-activation

As described above, the stiffness of fibrotic lungs (15–100 kPa) is much higher than the

normal lung parenchyma (0.5–2 kPa)^{9,50,51}. We and others have shown that tissue stiffening in IPF contributes to the onset and progression of lung fibrosis by influencing fibroblast behavior and function, in particular by promoting fibroblast mechano-activation and survival^{18,21,28,52}. The study of fibroblast mechanobiology is an active area of research in IPF and focuses on understanding how matrix stiffness is sensed

and translated into biochemical signaling pathways, ultimately affecting profibrotic gene expression, ECM synthesis and survival. The molecular mechanisms beneath fibroblast mechanoactivation are not fully understood, but two successive molecular steps, mechanosensing and mechanotransduction, have been recognized as major regulators of fibroblast mechanobiology^{7,53,54}. Mechanosensing is a cellular process in which cells actively assess the stiffness of the matrix^{53,55}. ECM receptors called integrins play a central role in cellular mechanosensing^{56,57}. Two members of the integrin family, $\alpha v\beta 1$ and $\alpha v\beta 3$, have been shown to play central roles at transducing mechanical cues into biochemical signaling in fibroblasts. Recent studies have shown that $\alpha v\beta 3$ integrin regulates fibroblast contractility and matrix stiffening⁵⁸, and that pharmacological inhibition of $\alpha v\beta 3$ integrin attenuates fibrosis in mice⁵⁹. Similarly, $\alpha v\beta 1$ integrin has been shown to promote tissue fibrogenesis *in vivo* by integrating fibrogenic mechanical cues⁶⁰. Accordingly, pharmacological and genetic inhibition of $\beta 1$ integrin have been reported to ameliorate fibrosis in mouse models⁶⁰. Integrins physically link the actin cytoskeleton to the ECM through cell-matrix adhesion complexes termed “focal adhesions” (FAs)⁵⁶ (Fig.1). Focal adhesions are membrane-associated multi-protein complexes that transmit cell-exerted forces to the matrix⁶¹. They are involved in multiple cellular processes such as cell survival, proliferation and motility⁶². Focal adhesions proteins include focal adhesion kinase (FAK), paxillin, vinculin and talin, which undergo mechanical activation in response to force-induced protein stretching⁶³. FAs dynamically sample matrix stiffness by applying pulling forces to the ECM through actomyosin contraction⁶⁴. On soft matrices, cell-mediated traction forces are low and

focal adhesion proteins remain intact. However, on stiff matrices as in pathological fibrosis, cell exerted traction forces are high, ultimately stretching and activating focal adhesion proteins^{56,65}. Whereas the biology of focal adhesion proteins in fibroblast mechanotransduction remains to be fully elucidated, it is well established that FAK undergoes dynamic changes in response to force-induced protein stretching. Mechanical stretching of FAK leads to the activation of its catalytic domain and subsequent phosphorylation of downstream signaling proteins⁶⁷, which is implicated in the initiation of mechanotransduction signaling^{67,68}. We and others have shown that FAK is consistently activated in myofibroblasts during lung fibrosis^{67,69} and that pharmacological inhibition of FAK mitigates lung fibrosis in mice⁶⁷. Defactinib, a FAK inhibitor developed by Verastem Oncology (VS-6063, PF-04554878), has entered phase 2 trials to investigate its anti-fibrotic effects in patients with pancreatic cancer (NCT02758587). Although FAK inhibitors have shown potent anti-fibrotic effects in pre-clinical models and are now being investigated in humans, fibrogenic signaling pathways activated by FAK in fibroblasts are not fully understood and remain actively investigated. Mechano-activated FAK drives myofibroblast activation via Rho/Rho-associated protein kinase (ROCK) mediated yes-associated protein (YAP)/transcriptional coactivator with PDZ-binding motif (TAZ) and myocardin-related transcription factor (MRTF) pathways⁷⁰ and prevents myofibroblast apoptosis by upregulating the anti-apoptotic protein B-cell lymphoma-extra-large (BCL-XL)^{5,52}. Rho/ ROCK pathway is a well-studied downstream signaling of FAK^{71,72}. In vitro, pharmacological, and genetic inhibition of ROCK prevents myofibroblast differentiation induced by matrix stiffness and global

haploinsufficient ROCK1 and ROCK2 mice are protected from lung fibrosis in bleomycin-induced mouse model⁷¹⁻⁷³. Currently, ROCK inhibitors have not entered human clinical trials for the treatment of organ fibrosis although a pan-ROCK inhibitor, Fasudil, has been approved for treatment of coronary and cerebral vasospasm in humans⁷⁴. The use of pan-ROCK inhibitors for treating fibrosis is under debate due to its potential side effect of systemic hypotension⁷⁵. The development of isoform-specific ROCK inhibitors might solve the safety issue. KD025 (also called SLX-2119), the first specific ROCK2 inhibitor, has been developed by the biopharmaceutical company Kadmon and is currently tested in phase 2 study (NCT03640481). Mechanotransduction pathways ultimately lead to activation of transcriptional factors and co-activators that drive pro-fibrotic gene expression. Two sets of transcriptional coactivators: YAP and TAZ and MRTF-A and MRTF-B, are recognized as major mechanotransducers^{76,77}. A growing body of evidence has shown that the activity of the transcriptional coactivators YAP and TAZ, effector proteins of the Hippo pathway that shuttle from the cytoplasm to the nucleus to control gene expression, is regulated by matrix stiffness⁷⁸. On soft matrices, the large tumor suppressor kinase 1/2 (LATS1/2) phosphorylates YAP/TAZ on residues S127 and S381, leading to sequestration of YAP/TAZ in the cytoplasm and subsequent degradation via the ubiquitin proteasome system⁷⁹. However, under high mechanical loading, YAP/TAZ avoid cytoplasmic retention and degradation by yet unknown mechanisms, leading to their translocation to the nucleus⁸⁰ where they bind to transcription factors including TEA domain (TEAD) and SMADs, ultimately promoting expression of pro-fibrotic genes such as connective tissue growth factor (CTGF), α -SMA and

type I collagen⁸¹⁻⁸³ (Fig.1). Thus, mechanical YAP/TAZ signaling directly drives myofibroblast activation, proliferation, and ECM secretion. In addition, we have shown that YAP/TAZ signaling also promotes the expression of the pro-survival BCL-2 protein BCL-XL, thus promoting myofibroblast evasion of apoptosis⁵². In vivo, TAZ-heterozygous mice showed protection from lung fibrosis in bleomycin-induced lung fibrosis model⁸², and specific depletion of YAP/TAZ in fibroblasts displayed reduced kidney fibrosis in mice^{84,85}. Multiple strategies targeting YAP/TAZ pathways are under investigation including selective inhibition of YAP/TAZ via dopamine receptor D1 agonist⁸⁶ and stimulation of YAP degradation through multiple hydroxymethylglutaryl-coenzyme A (HMG-CoA) reductase inhibitors (statins)⁸⁷. In addition to YAP/TAZ, both MRTF-A and MRTF-B have been also reported as critical mediators of mechanotransduction pathways. MRTF-A and MRTF-B are transcriptional coactivators linking actin dynamics to serum response factor (SRF)-mediated gene transcription⁸⁸. MRTF-A and -B are predominantly localized to the cytoplasm and only translocate to the nucleus upon stimulation. Nuclear translocation of MRTF is controlled by Rho GTPases via actin dynamics stimulated by matrix stiffness⁸⁹. MRTFs bind monomeric G-actin molecules via three N-terminal RPEL motifs, sequestering them in the cytoplasm⁸⁹. Rho-mediated actin polymerization and subsequent formation of filamentous F-actin releases MRTFs, resulting in increased nuclear accumulation where they bind SRF to drive transcription of pro-fibrotic genes such as α -SMA⁹⁰ (Fig.1). MRTF-A depletion in mice conferred protection from lung, cardiac and kidney fibrosis in preclinical models^{77,91-93}, and that inhibition of MRTF-A/B with the small

molecule inhibitor CCG-203971 diminished lung and skin fibrosis in mice^{93,94}.

In addition to integrins, other mechanosensitive receptors have been shown to regulate fibroblast mechano-activation in the context of tissue fibrosis³³. For instance, the family of transient receptor potential channels (TRP) has been involved in fibroblast mechanosensing and tissue fibrogenesis⁹⁵. TRP channel family majority includes TRPA, TRPC, TRPM, TRPML and TRPV⁹⁶, and they are involved in various types of sensory reception, including thermoreception, chemoreception, mechanoreception, and photoreception⁹⁷⁻⁹⁹. In particular, the mechanosensitive transient receptor potential vanilloid 4 channel (TRPV4) has been reported to mediate stiffness-activation of lung and cardiac fibroblasts in vitro^{100,101}. Accordingly, global TRPV4 knockout mice showed protected against bleomycin-induced lung fibrosis in mice¹⁰⁰. Moreover, the calcium-activated Piezol 1 and 2 channels have been similarly shown to be mechanically activated in human diseases^{102,103}. Piezol 1 has been reported to be the primary sensor of mechanical stress in suppressive myeloid cells and genetic ablation of Piezol 1 in mice protects against cancer and polymicrobial sepsis by diminishing immunosuppressive activities of myeloid cells¹⁰⁴. It has been recently shown that mechanically activated Piezol 1 enhances the production of profibrotic cytokine interleukin-6 (IL-6) through activating p38 mitogen-activated protein kinase (MAPK) in cardiac fibroblasts¹⁰⁵.

Targeting mechanical control of TGF- β 1 activation

TGF- β 1 is the most studied pro-fibrotic cytokine and recognized as the master regulator of

fibrosis due to its ability to drive tissue fibrosis in vivo in multiple organs¹⁰⁶. It has been shown that TGF- β 1 promotes myofibroblasts activation, resistance to apoptosis and ECM synthesis¹⁰⁷. TGF- β 1 is a very pleiotropic cytokine involved in immune suppression and immunotolerance¹⁰⁸, therefore its activity and availability must be tightly regulated. TGF- β 1 is secreted as a latent cytokine and stored in the ECM. During its synthesis and modification in the Golgi, mature TGF- β 1 homodimers are associated with latency-associated peptide (LAP) non-covalently¹⁰⁹. The TGF- β 1-LAP complex is then secreted with chaperon proteins Latent TGF- β Binding Proteins (LTBP) by forming the large latent complex (LLC) through disulfide bonds. LLC is anchored to the ECM by LTBP but also connected to cells via integrin recognition of the Arg-Gly-Asp (RGD) motif within the LAP. Immobilization of TGF- β 1 by the LLC prevents TGF- β 1 activation and binding to TGF- β receptors¹¹⁰, providing a repository of latent TGF- β 1 that can be timely activated in response to various factors. It has been shown that activation of latent TGF- β 1 is mediated by traction forces exerted by cells on the ECM¹¹¹. Integrin-mediated cell contraction is transmitted to the LAP and induces a conformation change that liberates active TGF- β 1 (Fig. 1). Importantly, cell-mediated activation of TGF- β 1 is directly related to the degree of matrix stiffness¹¹². Thus, greater amounts of active TGF β 1 are released on stiff matrices compared with soft ones¹¹¹. During this process, integrins play a major role acting as transmembrane tethers that link the cell cytoskeleton to ECM-bound latent TGF- β 1. Ultimately, integrins transmit cell generated forces by the actin cytoskeleton to the ECM, which can deform the TGF- β 1 LLC and release biologically active TGF- β 1. In the context of lung fibrosis, α v β 6 integrin expressed in type II

epithelial cells and $\alpha v \beta 1$ integrin in myofibroblasts have been shown to activate latent TGF- $\beta 1$ ¹¹³. In this regard, $\beta 6$ integrin knockout mice failed to activate latent TGF- $\beta 1$ in vivo and showed protection from lung and kidney fibrosis¹¹³⁻¹¹⁵. Accordingly, anti- $\alpha v \beta 6$ integrin blocking antibody (clone 6.3G9) has been shown to prevent TGF- $\beta 1$ activation in vivo and attenuated lung, liver, and kidney fibrosis in mouse models¹¹⁶⁻¹¹⁸. However, a humanized anti- $\alpha v \beta 6$ integrin monoclonal antibody STX-100 from Biogen has been recently stopped in phase 2b trials in patients with IPF due to safety concerns (NCT01371305). Recently, a selective small inhibitor, GSK3008348, is reported to have high affinity to $\alpha v \beta 6$ in human IPF lungs and down-regulates pro-fibrotic TGF β signaling¹¹⁹. Nevertheless, the role of αv integrin in latent TGF- $\beta 1$ activation in fibrotic disease continues to be actively investigated. A fibroblast-specific depletion of αv -integrin has been shown to protect mice from lung, kidney, and liver fibrosis, and that inhibition of αv integrins with a pan- αv integrin inhibitor (CWHM 12) attenuates fibrosis both in the liver and lungs¹²⁰. Moreover, an anti- αv integrin monoclonal antibody Abituzumab, developed by Merck, has been evaluated in Phase 2 trials in patients with Systemic Sclerosis-associated Interstitial Lung Disease (SSc-ILD); however, the trial was recently terminated due to difficulties in recruiting patients who met the eligibility criteria of the trial (NCT02745145). More recently, a dual selective small molecule inhibitor targeting $\alpha v \beta 6/\alpha v \beta 1$ integrins PLN-74809, developed by Pliant Therapeutics, is currently being evaluated in Phase 2a trials in patients with IPF (NCT04072315). Indalo's selective integrin antagonist against $\alpha v \beta 1/\alpha v \beta 3/\alpha v \beta 6$, IDL-2965, shows a safe and favorable pharmacokinetics in Phase 1 trials in healthy people and has now

entered into multiple-ascending doses trials in patients with IPF (NCT03949530). Other integrin families are also under active research, e.g. $\alpha 6$ -integrin is shown to mediate matrix stiffness-regulated myofibroblast invasion and facilitate lung fibrosis¹²¹.

CONCLUSIONS

Matrix stiffness remarkably increases during lung fibrogenesis due to excessive ECM deposition and crosslinking. Traditionally, increased matrix stiffness has been regarded as a consequence of organ fibrosis, however increasing evidence in more recent years has demonstrated that such mechanical factor acts as a major driver of tissue fibrogenesis. Matrix stiffness promotes lung fibrosis through several different means including mechanoactivation of myofibroblasts through integrin-mediated mechanotransduction pathways and activation of the pro-fibrotic cytokine TGF- $\beta 1$. The study of mechanobiology in lung fibrosis is an emerging research field that has prospered with noticeable achievements including the identification of novel therapeutic targets for the treatment of lung fibrosis as well as the development of small molecules and biologics regarded as mechanotherapeutics. This first generation of mechanotherapeutics mainly targets ECM crosslinking enzymes including LOXs/TG2, αv integrins, mechano-sensors such as FAK and ROCK and mechanotransducers including YAP/TAZ or MRTFs; which has been shown to ameliorate organ fibrosis in multiple preclinical models and are currently being investigated in clinical trials in patients with IPF and other fibrotic-related diseases (Table 1). Despite these advancements, it is undoubted that the mechanobiology of

TABLE 1. Mechanotherapeutics for the treatment of IPF

Mechanism	Target	Drugs	Company	Status
ECM crosslinking	Lysyl Oxidases	Simtuzumab (LOXL2 antibody)	Gilead Sciences	Terminated
		PXS-5382A and PXS-5338K (LOXL2 inhibitors)	Pharmaxis	Phase 2
		PXS-5505 (pan-LOX Inhibitor)	Pharmaxis	Phase 2 for pancreatic cancer
	Transglutaminases	ZED 1227	Zedira	Phase 2 for celiac disease
Mechanotransduction	FAK	Defactinib	Verastem Oncology	Phase 2 for pancreatic cancer
	ROCK	KD025	Kadmon	Phase 2
	MRTFs	CCG-222740, CCG-203971, CCG-1423		Preclinical
	YAP/TAZ	DRD1 agonists, HMG-CoA reductase inhibitors		Preclinical
Integrin-mediated TGF- β 1 activation	Integrin α v	Abituzumab (anti- α v integrin antibody)	Merck	Terminated
	α v β 6	STX-100	Biogen	Terminated
	α v β 6/ α v β 1	PLN-74809	Pliant	Phase 2
	α v β 1/ α v β 3/ α v β 6	IDL-2965	Indalo	Phase 1
Epigenetic modulators	miR-21	RG-012	Sanofi	Phase 1 for Alport syndrome

ECM: extracellular matrix; FAK: focal adhesion kinase; IPF: idiopathic pulmonary fibrosis; LOXL2: lysyl oxidase-like 2; miR: microRNA; MRTF: myocardin-related transcription factor; ROCK: rho-associated protein kinase; TAZ: transcriptional coactivator with PDZ-binding motif; TGF- β 1: transforming growth factor β 1; YAP: yes-associated protein.

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lung fibrosis is far from being fully understood and deserves further investigation in order to unravel the full spectrum of mechanisms by which biophysical cues control the pathological biology of multiple cell types involved in lung fibrosis. In this regard, a challenging but critical question facing the development of mechanotherapeutics is to target cell-specific mechanisms involved in the development of lung fibrosis without affecting homeostatic functions of healthy cells. Since matrix stiffness is specifically increased during the development of lung fibrosis, activation of pro-fibrotic mechanical signaling pathways is only expected during the development of the disease, thus opening a potential therapeutic window. Together, the identification of cell-specific mechanotransduction pathways involved in lung fibrosis could lead to the development of more selective drugs

with a higher therapeutic index, which could represent a real game changer in treatment of lung fibrosis in the future.

ACKNOWLEDGMENTS

Dr. Lagares gratefully acknowledges funding support from the NIH (grant R01 HL147059-01) and Sponsored Research Grants from Boehringer Ingelheim and Merck & Co.

DISCLOSURES

Dr. Lagares declares that he has received research funding from Boehringer Ingelheim, Indalo Therapeutics, and Unity Biotechnology; has a financial interest in Mediar Therapeutics and Zenon Biotech; companies which are

developing treatments for organ fibrosis. Dr. Lagares, interests were reviewed and are managed by MGH and Partners ZealthCare in accordance with their conflicts of interest policies. Dr. Han has no conflicts of interest to report.

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